

## 1 Decay Scheme

Co-56 disintegrates 19.58 (11) % by beta plus emission and 80.42 (11) % by electron capture to Fe-56. Co-56 emits gamma rays with energies up to 3612 keV and the energies and emission probabilities for many of these transitions are useful for the calibration of Ge detectors.

*Le cobalt 56 se désintègre à 19,58 (11) % par émission bêta plus et à 80,42 (11) % par capture électronique vers des niveaux excités du fer 56. Le cobalt 56 émet des rayonnements gamma d'énergie allant jusqu'à 3612 keV, ce qui le rend utile pour l'étalonnage des détecteurs germanium.*

## 2 Nuclear Data

$$\begin{array}{l}
 T_{1/2}({}^{56}\text{Co}) : 77,236 \quad (26) \quad \text{d} \\
 Q^+({}^{56}\text{Co}) : 4566 \quad (2) \quad \text{keV}
 \end{array}$$

### 2.1 Electron Capture Transitions

	Energy keV	Probability × 100	Nature	lg <i>ft</i>	<i>P<sub>K</sub></i>	<i>P<sub>L</sub></i>	<i>P<sub>M</sub></i>
ε <sub>0,15</sub>	107,7 (20)	0,209 (7)	Allowed	6,91	0,8766 (17)	0,1055 (14)	0,0171 (6)
ε <sub>0,14</sub>	118,4 (20)	0,0167 (5)		8,1	0,8779 (17)	0,1044 (14)	0,0169 (6)
ε <sub>0,13</sub>	171,2 (20)	0,2159 (18)	Allowed	7,32	0,8816 (17)	0,1013 (13)	0,0164 (6)
ε <sub>0,12</sub>	268 (2)	3,688 (13)	Allowed	6,49	0,8845 (16)	0,0989 (13)	0,0159 (5)
ε <sub>0,11</sub>	446,1 (20)	9,940 (18)	Allowed	6,51	0,8864 (16)	0,0972 (13)	0,0156 (5)
ε <sub>0,10</sub>	465,7 (20)	12,66 (4)	Allowed	6,44	0,8866 (16)	0,0971 (13)	0,0156 (5)
ε <sub>0,9</sub>	517,2 (20)	3,965 (15)	Allowed	7,04	0,8868 (16)	0,0969 (13)	0,0155 (5)
ε <sub>0,8</sub>	709,5 (20)	16,86 (5)	Allowed	6,69	0,8875 (16)	0,0963 (13)	0,0154 (5)
ε <sub>0,7</sub>	1120,7 (20)	21,40 (5)	Allowed	6,98	0,8882 (16)	0,0957 (13)	0,0153 (5)
ε <sub>0,6</sub>	1195,9 (20)	0,015 (5)	2nd Forbidden	10,2	0,8883 (16)	0,0957 (13)	0,0153 (5)
ε <sub>0,5</sub>	1443,1 (20)	8,99 (6)	Allowed	7,58	0,8884 (16)	0,0955 (13)	0,0153 (5)
ε <sub>0,4</sub>	1606,1 (20)	0,023 (6)	2nd Forbidden	10,26	0,8885 (16)	0,0955 (13)	0,0153 (5)
ε <sub>0,2</sub>	2480,9 (20)	2,43 (3)	Allowed	8,62	0,8888 (16)	0,0952 (13)	0,0152 (5)
ε <sub>0,1</sub>	3719,2 (20)	0,005 (3)	2nd Forbidden	11,6	0,8890 (16)	0,0951 (13)	0,0152 (5)

2.2  $\beta^+$  Transitions

	Energy keV	Probability $\times 100$	Nature	lg $ft$
$\beta_{0,7}^+$	98,7 (20)	0,0080 (7)	Allowed	6,98
$\beta_{0,6}^+$	174 (2)	0,000006 (20)	2nd Forbidden	10,2
$\beta_{0,5}^+$	421,1 (20)	1,04 (2)	Allowed	7,58
$\beta_{0,4}^+$	584,1 (20)	0,0086 (22)	2nd Forbidden	10,26
$\beta_{0,2}^+$	1458,9 (20)	18,29 (16)	Allowed	8,62
$\beta_{0,1}^+$	2697,2 (20)	0,25 (17)	2nd Forbidden	11,6

## 2.3 Gamma Transitions and Internal Conversion Coefficients

	Energy keV	$P_{\gamma+ce}$ $\times 100$	Multipolarity	$\alpha_T$ ( $10^{-4}$ )	$\alpha_\pi$ ( $10^{-4}$ )
$\gamma_{11,8}(\text{Fe})$	263,434 (5)	0,0234 (20)			
$\gamma_{8,7}(\text{Fe})$	411,145 (4)	0,0269 (23)			
$\gamma_{8,6}(\text{Fe})$	486,55 (11)	0,058 (3)			
$\gamma_{10,7}(\text{Fe})$	655,003 (5)	0,038 (8)			
$\gamma_{11,7}(\text{Fe})$	674,579 (5)	0,035 (5)			
$\gamma_{8,5}(\text{Fe})$	733,514 (4)	0,191 (4)	M1+E2		
$\gamma_{7,3}(\text{Fe})$	787,743 (5)	0,310 (4)	M1+E2		
$\gamma_{1,0}(\text{Fe})$	846,770 (2)	99,9702 (23)	E2	3,03 (9)	
$\gamma_{12,7}(\text{Fe})$	852,732 (4)	0,049 (3)			
$\gamma_{8,4}(\text{Fe})$	896,510 (6)	0,0704 (22)			
$\gamma_{10,5}(\text{Fe})$	977,372 (5)	1,422 (7)	M1(+E2)		
$\gamma_{11,5}(\text{Fe})$	996,948 (5)	0,116 (6)	M1+E2		
$\gamma_{5,2}(\text{Fe})$	1037,8427 (39)	14,03 (5)	M1(+E2)		
$\gamma_{9,4}(\text{Fe})$	1088,894 (9)	0,054 (4)	M1+E2		
$\gamma_{10,4}(\text{Fe})$	1140,368 (6)	0,132 (4)			
$\gamma_{11,4}(\text{Fe})$	1159,944 (6)	0,088 (3)	M1+E2		
$\gamma_{12,5}(\text{Fe})$	1175,101 (4)	2,249 (9)	M1+E2		
$\gamma_{8,3}(\text{Fe})$	1198,888 (5)	0,044 (3)			
$\gamma_{2,1}(\text{Fe})$	1238,2883 (31)	66,41 (16)	E2		
$\gamma_{13,5}(\text{Fe})$	1271,92 (6)	0,0202 (8)			
$\gamma_{15,5}(\text{Fe})$	1335,399 (30)	0,1228 (16)			
$\gamma_{7,2}(\text{Fe})$	1360,2117 (39)	4,280 (13)	M1+E2		
$\gamma_{10,3}(\text{Fe})$	1442,746 (6)	0,180 (4)			
$\gamma_{11,3}(\text{Fe})$	1462,322 (6)	0,0778 (9)			
$\gamma_{12,3}(\text{Fe})$	1640,475 (5)	0,0621 (21)			
$\gamma_{8,2}(\text{Fe})$	1771,3567 (39)	15,45 (4)	M1+E2		
$\gamma_{3,1}(\text{Fe})$	1810,757 (4)	0,639 (3)	M1+E2		
$\gamma_{9,2}(\text{Fe})$	1963,741 (8)	0,706 (4)	M1+E2		
$\gamma_{10,2}(\text{Fe})$	2015,2147 (47)	3,017 (14)	M1+E2		
$\gamma_{11,2}(\text{Fe})$	2034,7907 (47)	7,743 (13)	M1+E2		2,7
$\gamma_{4,1}(\text{Fe})$	2113,135 (5)	0,376 (3)	M1+E2		
$\gamma_{12,2}(\text{Fe})$	2212,9437 (39)	0,385 (5)	M1+E2		4,1
$\gamma_{5,1}(\text{Fe})$	2276,1310 (36)	0,1181 (40)	E2		4,5
$\gamma_{15,2}(\text{Fe})$	2373,242 (30)	0,078 (6)			
$\gamma_{6,1}(\text{Fe})$	2523,09 (11)	0,063 (4)	M1+E2		4,8
$\gamma_{7,1}(\text{Fe})$	2598,500 (4)	16,969 (40)	M1+E2		5,2
$\gamma_{3,0}(\text{Fe})$	2657,527 (4)	0,0195 (20)	[E2]		6,3
$\gamma_{8,1}(\text{Fe})$	3009,645 (4)	1,039 (19)	M1+E2		6,8
$\gamma_{9,1}(\text{Fe})$	3202,029 (8)	3,205 (13)	M1+E2		7,8

	Energy keV	$P_{\gamma+ce}$ $\times 100$	Multipolarity	$\alpha_T$ ( $10^{-4}$ )	$\alpha_\pi$ ( $10^{-4}$ )
$\gamma_{10,1}(\text{Fe})$	3253,5030 (44)	7,877 (30)	E2		8,9
$\gamma_{11,1}(\text{Fe})$	3273,079 (4)	1,856 (9)	M1+E2		8
$\gamma_{6,0}(\text{Fe})$	3369,86 (11)	0,0103 (8)	E2		9,6
$\gamma_{12,1}(\text{Fe})$	3451,232 (4)	0,943 (6)	E2		9,7
$\gamma_{13,1}(\text{Fe})$	3548,05 (6)	0,1958 (16)	M1+E2		9
$\gamma_{14,1}(\text{Fe})$	3600,83 (40)	0,0167 (5)			
$\gamma_{15,1}(\text{Fe})$	3611,53 (3)	0,00841 (40)	[E2]		10,3

### 3 Atomic Data

#### 3.1 Fe

$\omega_K$	:	0,355	(4)
$\bar{\omega}_L$	:	0,0060	(6)
$n_{KL}$	:	1,447	(4)

##### 3.1.1 X Radiations

	Energy keV	Relative probability	
$X_K$	$K\alpha_2$	6,39091	
	$K\alpha_1$	6,40391	
	$K\beta_1$	7,05804	}
	$K\beta_5''$	7,1083	
			20,67
$X_L$	$L\ell$	0,615	
	$L\beta$	- 0,792	

##### 3.1.2 Auger Electrons

	Energy keV	Relative probability
Auger K		
KLL	5,370 – 5,645	100
KLX	6,158 – 6,400	27,4
KXY	6,926 – 7,105	1,87
Auger L	0,510 – 0,594	

## 4 Electron Emissions

		Energy keV	Electrons per 100 disint.
e <sub>AL</sub>	(Fe)	0,510 - 0,594	111,8 (8)
e <sub>AK</sub>	(Fe)		46,04 (30)
	KLL	5,370 - 5,645	}
	KLX	6,158 - 6,400	}
	KXY	6,926 - 7,105	}
$\beta_{0,2}^+$	max:	1458,9 (20)	18,29 (16)
$\beta_{0,2}^+$	avg:	631,2 (9)	
$\beta_{0,4}^+$	max:	584,1 (20)	0,0086 (22)
$\beta_{0,4}^+$	avg:	247,1 (9)	
$\beta_{0,5}^+$	max:	421,1 (20)	1,04 (2)
$\beta_{0,5}^+$	avg:	178,7 (8)	
$\beta_{0,6}^+$	max:	174 (2)	0,000006 (20)
$\beta_{0,6}^+$	avg:	76,7 (8)	
$\beta_{0,7}^+$	max:	98,7 (20)	0,0080 (7)
$\beta_{0,7}^+$	avg:	45,3 (9)	
$\beta_{0,1}^+$	max:	2697,2 (20)	0,25 (17)
$\beta_{0,1}^+$	avg:	1205,8 (10)	

## 5 Photon Emissions

### 5.1 X-Ray Emissions

		Energy keV	Photons per 100 disint.	
XL	(Fe)	0,615 — 0,792	0,581 (17)	
XK $\alpha_2$	(Fe)	6,39091	7,53 (10)	} K $\alpha$
XK $\alpha_1$	(Fe)	6,40391	14,75 (17)	
XK $\beta_1$	(Fe)	7,05804	}	K' $\beta_1$
XK $\beta_5''$	(Fe)	7,1083		

### 5.2 Gamma Emissions

	Energy keV	Photons per 100 disint.
$\gamma_{11,8}$ (Fe)	263,41 (10)	0,0234 (20)
$\gamma_{8,7}$ (Fe)	411,38 (8)	0,0269 (23)
$\gamma_{8,6}$ (Fe)	486,54 (11)	0,058 (3)
$\gamma^\pm$	511	39,21 (22)
$\gamma_{10,7}$ (Fe)	655,0 (8)	0,038 (8)
$\gamma_{11,7}$ (Fe)	674,7 (8)	0,035 (5)
$\gamma_{8,5}$ (Fe)	733,5085 (23)	0,191 (4)
$\gamma_{7,3}$ (Fe)	787,7391 (23)	0,310 (4)
$\gamma_{1,0}$ (Fe)	846,7638 (19)	99,9399 (23)
$\gamma_{12,7}$ (Fe)	852,78 (5)	0,049 (3)
$\gamma_{8,4}$ (Fe)	896,503 (7)	0,0704 (22)
$\gamma_{10,5}$ (Fe)	977,363 (4)	1,422 (7)
$\gamma_{11,5}$ (Fe)	996,939 (5)	0,116 (6)
$\gamma_{5,2}$ (Fe)	1037,8333 (24)	14,03 (5)
$\gamma_{9,4}$ (Fe)	1089,03 (24)	0,054 (4)
$\gamma_{10,4}$ (Fe)	1140,356 (7)	0,132 (4)
$\gamma_{11,4}$ (Fe)	1159,933 (8)	0,088 (3)
$\gamma_{12,5}$ (Fe)	1175,0878 (22)	2,249 (9)
$\gamma_{8,3}$ (Fe)	1198,78 (20)	0,044 (3)
$\gamma_{2,1}$ (Fe)	1238,2736 (22)	66,41 (16)
$\gamma_{13,5}$ (Fe)	1272,2 (6)	0,0202 (8)
$\gamma_{15,5}$ (Fe)	1335,380 (29)	0,1228 (16)
$\gamma_{7,2}$ (Fe)	1360,196 (4)	4,280 (13)
$\gamma_{10,3}$ (Fe)	1442,75 (8)	0,180 (4)
$\gamma_{11,3}$ (Fe)	1462,34 (12)	0,0778 (9)
$\gamma_{12,3}$ (Fe)	1640,450 (5)	0,0621 (21)
$\gamma_{8,2}$ (Fe)	1771,327 (3)	15,45 (4)
$\gamma_{3,1}$ (Fe)	1810,726 (4)	0,639 (3)
$\gamma_{9,2}$ (Fe)	1963,703 (11)	0,706 (4)

	Energy keV	Photons per 100 disint.
$\gamma_{10,2}(\text{Fe})$	2015,176 (5)	3,017 (14)
$\gamma_{11,2}(\text{Fe})$	2034,752 (5)	7,741 (13)
$\gamma_{4,1}(\text{Fe})$	2113,092 (6)	0,376 (3)
$\gamma_{12,2}(\text{Fe})$	2212,898 (3)	0,385 (5)
$\gamma_{5,1}(\text{Fe})$	2276,36 (16)	0,118 (4)
$\gamma_{15,2}(\text{Fe})$	2373,7 (4)	0,078 (6)
$\gamma_{6,1}(\text{Fe})$	2523,0 (8)	0,063 (4)
$\gamma_{7,1}(\text{Fe})$	2598,438 (4)	16,96 (4)
$\gamma_{3,0}(\text{Fe})$	2657,4 (8)	0,0195 (20)
$\gamma_{8,1}(\text{Fe})$	3009,559 (4)	1,038 (19)
$\gamma_{9,1}(\text{Fe})$	3201,930 (11)	3,203 (13)
$\gamma_{10,1}(\text{Fe})$	3253,402 (5)	7,87 (3)
$\gamma_{11,1}(\text{Fe})$	3272,978 (6)	1,855 (9)
$\gamma_{6,0}(\text{Fe})$	3369,69 (30)	0,0103 (8)
$\gamma_{12,1}(\text{Fe})$	3451,119 (4)	0,942 (6)
$\gamma_{13,1}(\text{Fe})$	3547,93 (6)	0,1956 (16)
$\gamma_{14,1}(\text{Fe})$	3600,71 (40)	0,0167 (5)
$\gamma_{15,1}(\text{Fe})$	3611,8 (8)	0,0084 (4)

## 6 Main Production Modes

$$\left\{ \begin{array}{l} \text{Fe} - 56(\text{p,n})\text{Co} - 56 \\ \text{Possible impurities : Co} - 57, \text{Co} - 58 \end{array} \right.$$

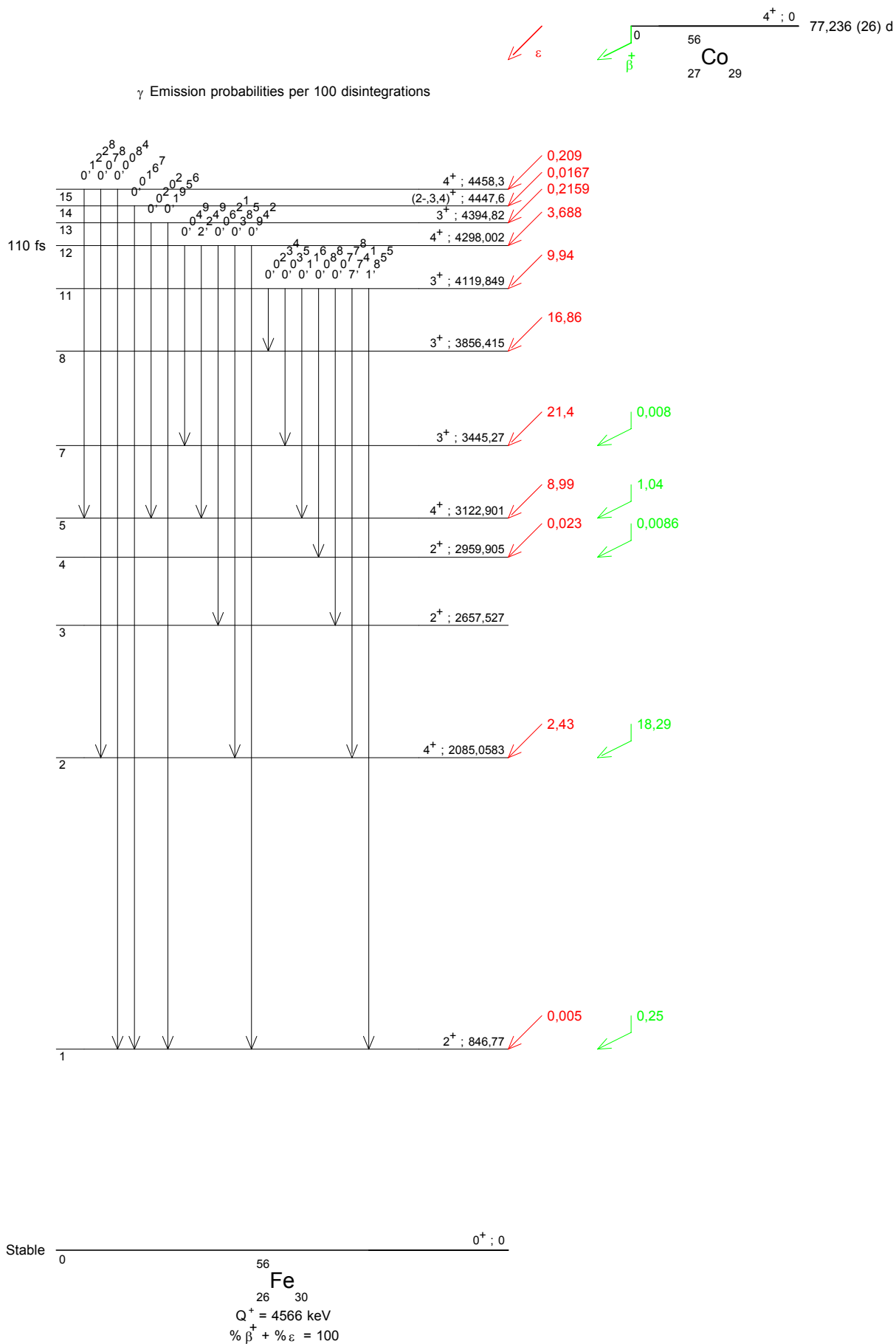
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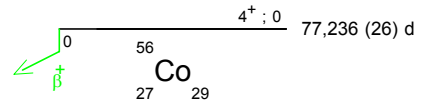
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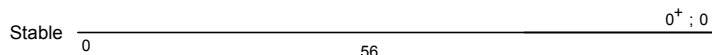
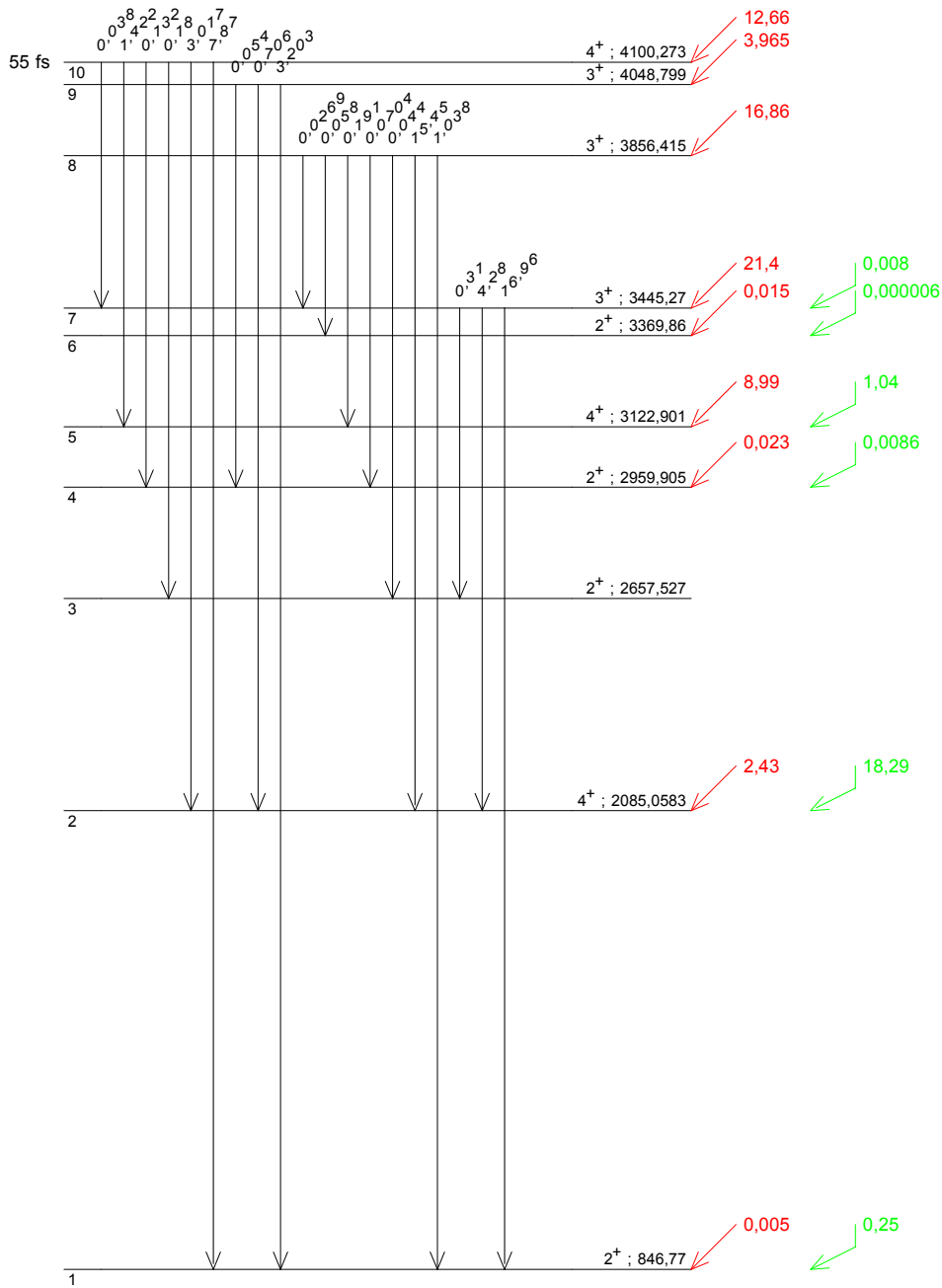
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γ Emission probabilities per 100 disintegrations



<sup>56</sup>Fe  
<sub>26 30</sub>  
 Q<sup>+</sup> = 4566 keV  
 % β<sup>+</sup> + % ε = 100

